

Question Sheet 35: Out of Control



Student name: _____

Teacher: _____ Class: _____

As Lockie discovers, sometimes events in our lives seem to be beyond our control.

View the clips 'Out of control', 'The domino effect' and 'Loosing it' from the **Lockie Leonard – Series 1** and answer the following questions in the space provided.

1	Watch the clips and discuss, how is 'loss of control' suggested?	
2	In these examples, why do events seem out of control to Lockie?	
3	Does Lockie play any part in the events getting out of control? Or is he simply a victim of bad luck?	
4	<i>When things start to go wrong, Lockie has a tendency to catastrophise, that is imagine that things will work out for the worst; indeed, he imagines that life as he knows it will come to an end.</i> What evidence is there in these episodes that Lockie catastrophises?	
5	Do Lockie's fears usually come true? Explain.	